

From MARIA KELLIS ('94) for class notes, AALFNY newsletter #36



Hi, my name is Maria Kellis, class of 1994, Bac C. I remember with fondness the LFNY and it has now been 25 years!

Even though today I am an author and teacher, having a successful company that operates in over 15 countries (and myself living between 5 countries and travelling the world) my life was not always this way! I started by being an unfeeling type-A overachiever amongst overachievers. I graduated from MIT with 3 degrees! I was starting "company after company" during the dot-com golden age. So I kept doing more and more, so much so that I was burning the candle on both ends -- and eventually I burned out completely.

I crashed - my body shut down, I lost my health. Almost 20 years ago I hit rock bottom in my life. I lost everything I had worked so hard to achieve, everything I was using to hide my pain and vulnerability. I received a diagnosis: I had a very aggressive form of MS. I was told that I was going to be extremely sick, in fact stay in a wheelchair for the rest of my life. I was broken. I was given no hope. It was a desperate time. And I was broke. I ended up on welfare, qualifying for food stamps!

Today, I have made a full recovery and I am a spiritual entrepreneur bridging the worlds of business and spirituality. I help smart, high-achievers transform their lives, find peace, connect with their power and purpose. I consult for businesses and do corporate training for forming and grooming A-teams of A-players.

I am here to stand as proof that it is possible to see the light and to heal yourself. It is possible to find happiness and to be in the flow. It is possible to achieve extraordinary results by creating the right circumstances and events in our lives. It takes help, commitment, resiliency, but I am here for you to provide guidance and tell you that it is possible to do more than that. I want to tell you that once you make that choice then your whole life WILL CHANGE to match the life of your dreams. I am here to teach you that you too can change your life no matter the depth of the darkness that you are in, and that you are meant to achieve the full potential of you. You can do it! And it does not need to take 20 years, as it did for me. As one of my clients once told me

“working with me was the difference between taking the small street and suddenly taking the highway to get there. Things get accelerated.” and this is what I care about.

I know that we can live in the flow, we can create from a place of infinite abundance, be extraordinary. And I always ask “how can we now do it faster?” The first step anyone can take to change is to raise their state of being.

From being the doer, always working so hard to achieve, learning to live life in the flow, being in a state of flow...

What I am talking about is this extraordinary state where your mind is sharp, your desires and direction are clear, things just land in your lap.

This is what we all want to achieve. Few of us actually do achieve it, even accidentally, for short periods of time. For those who never got there, the question is how to get there?

For those of us who do achieve that state of flow, the question is how to remain there for long periods of time?.

What if you could be at the right place, at the right time? What if you could always meet the right people to get your dreams to become a reality? What if this was your ordinary state of being, floating through life in a state of effortless flow?

I know that we can live in the flow, we can create from a place of infinite abundance, be extraordinary. And I always ask “how can we now do it faster?”

This is what my program “From Burned out to Fired Up!” teaches. How to shift from the old paradigm of working hard in an unbalanced way, to the new paradigm where you start from a place of inspiration, achieving results that are extraordinary, repeatedly.

I have spent decades studying, testing, perfecting those systems that create and maintain an ineffable state of being, the state of flow, the genius and creative moments to achieve goals. Let me teach you how you too can be extraordinary by design.

I spent the last 15 years mastering everything that there was to learn how the energy world works, after spending the first part of my life learning and mastering how this world works. So I became a master of two worlds - the energy world and the concrete world - and then I started taking the “hero’s” journey back to bring the “elixir” of energy to make an impact, so I focused on the world of business, and the world of government and education.

It is my deepest honor to do this work. I am grateful to every person that comes to me asking for my support in turning their lives around. I believe that we can in fact make this world a better place. I believe we can bring more love into the planet.

As a matter of fact, I’d like you experience my gifts as soon as possible. So I invite you to visit: <https://mariakellis.com/extraordinary/>. There is a gift for you there: A FREE Energy BoostToolkit called Business Success Kit, 4 practical tools to increase your productivity and help you be in the right place, at the right time, with the right idea!

I have people writing to me everyday about the results that they get with this KIT only. So you can have a direct experience of the tools I have developed. Go ahead and try it out and let me know what you think of it. I would love to hear from you! What is your story? What do you want to accomplish?

Head over to <https://mariakellis.com/extraordinary/> and start down your own journey of success, becoming the most extraordinary version of you. The world needs you to be that amazing version of yourself. You were born to be extraordinary, and the first step starts by simple clicking to the link below.

Thank you for reading my update today. And remember that you are truly extraordinary beyond measure!